

Consent form for children (riders aged under 18 years)

This is an agreement between the cycling instructor / coach and the undersigned. It is separate to British Cycling's consent form and relates to all on or off-road National Standard-style training and group rides led by Eager Cycle Coaching from the date of this agreement.

I (FULL NAME of parent / guardian, please print): _____

consent for my son / daughter [FILL IN NAME] _____ to take part in training in safe, effective cycling in accordance with the points set out below:

Except in rare cases where the coach supplies a cycle, I understand that:

- The coach may refuse to train or ride with my child if they deem their cycle to be unroadworthy, and;
- It remains my responsibility that they do not use an unroadworthy cycle.
- The coach may make minor adjustments to my child's cycle where agreed.
- I will, unless under exceptional circumstances agreed with the coach, supply my child with an approved cycle helmet which they will wear during training.

In addition, I accept, understand and agree that:

- The specific rider information provided in this consent form and shared in the booking process is correct and completed to the best of my knowledge.
- Eager Cycle Coaching's lone working policy means that coaches working alone are unable to work on their own with a sole rider under the age of 18; in such cases, another rider or a supervising adult will also need to be present.
- My child will be appropriately dressed for training / led-rides.
- Eager Cycle Coaching recommends bright-coloured clothing (and the use of lights where beneficial / needed) when cycling on the road.
- Should my child bring personal belongings along to the training / led-rides, it will not be the responsibility of the coach to look after these.
- I will reiterate to my child that they will need to participate in the coaching / led-rides in a safe manner and follow the coach's instructions.
- The coach may refuse to continue to train my child or allow them to join group rides if their behaviour or ability is deemed to be unsuitable.
- The coach will always endeavour to support and safeguard my child in the coaching sessions / led-rides as best as they can; but they are also not responsible for any injury or any loss or damage to any property which is not caused by their own negligence.
- I will inform my child about the latest Government Covid-19 guidelines and support them accordingly.
- Having taken part in training / led-rides it does not necessarily follow that it is safe for my child to cycle in all environments.
- I will make the coach aware of any medical / health conditions including allergies or dietary issues or additional needs that my child has that may adversely affect their training or ability to ride.
- I will share details with the coach regarding any medication (such as inhalers for asthma, EPI pens, or other) that must be taken along to the session and arrangements for this.
- If I have any concerns about my child participating in cycle coaching sessions / led-rides, I will consult with my child's GP and act accordingly.
- Information provided to Eager Cycle Coaching when booking coaching sessions / led-rides will be stored, processed and destroyed in accordance with Data Protection Act 1998 guidelines.

Age of rider: _____

Gender (please state): _____

Any medical or additional needs that the instructor / coach should be aware of:

Am I happy for photos or film of the training / led-rides to be taken and used by Eager Cycle Coaching for marketing purposes (please circle)?

Yes

No

Signed: _____ Date: _____

My contact number: _____

Emergency contact name & number: _____